




Pharmacokinetic Properties of Micafungin in Critically Ill Patients Diagnosed with Invasive Candidiasis

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ABSTRACT The estimated attributable mortality rate for invasive candidiasis (IC) in the intensive care unit (ICU) setting varies from 30 to 40%. Physiological changes in critically ill patients may affect the distribution and elimination of micafungin, and therefore, dosing adjustments might be mandatory. The objective of this study was to determine the pharmacokinetic parameters of micafungin in critically ill patients and assess the probability of target attainment. Micafungin plasma concentrations were measured to estimate the pharmacokinetic properties of micafungin. MIC values for *Candida* isolates were determined to assess the probability of target attainment for patients. Data from 19 patients with suspected or proven invasive candidiasis were available for analysis. The median area under the concentration-time curve from 0 to 24 h at steady state (AUC_{0-24}) was 89.6 mg · h/liter (interquartile range [IQR], 75.4 to 113.6 mg · h/liter); this was significantly lower than the median micafungin AUC_{0-24} values of 152.0 mg · h/liter (IQR, 136.0 to 162.0 mg · h/liter) and 134.0 mg · h/liter (IQR, 118.0 to 148.6 mg · h/liter) in healthy volunteers ($P = <0.0001$ and $P = <0.001$, respectively). All *Candida* isolates were susceptible to micafungin, with a median MIC of 0.016 mg/liter (IQR, 0.012 to 0.023 mg/liter). The median AUC_{0-24}/MIC ratio was 5,684 (IQR, 4,325 to 7,578), and 3 of the 17 evaluable patients (17.6%) diagnosed with proven invasive candidiasis did not meet the AUC/MIC ratio target of 5,000. Micafungin exposure was lower in critically ill patients than in healthy volunteers. The variability in micafungin exposure in this ICU population could be explained by the patients' body weight. Our findings suggest that healthier patients (sequential organ failure assessment [SOFA] score of <10) weighing more than 100 kg and receiving 100 mg micafungin daily are at risk for inappropriate micafungin exposure and potentially inadequate antifungal treatment. (This study has been registered at ClinicalTrials.gov under identifier NCT01716988.)

KEYWORDS micafungin, pharmacokinetics, invasive candidiasis, critically ill

Candida bloodstream infections are associated with an increased length of stay in intensive care unit (ICUs) and hospitals. The estimated attributable mortality rate for invasive candidiasis in this setting varies from 30% to 40% (1). Early initiation of effective therapy and adequate dosing are critical for the successful treatment of

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invasive candidiasis, as demonstrated in several studies suggesting significantly higher survival rates among patients with invasive candidiasis for whom adequate antifungal therapy was promptly started (2–7). Once a bloodstream infection with a *Candida* species has been diagnosed, guidelines recommend the immediate initiation of therapy with an echinocandin combined with the prompt removal of central venous catheters (8, 9). Step-down therapy to an oral azole is advised once the patient is clinically stable and if the *Candida* isolate is susceptible to fluconazole. The efficacy of micafungin is concentration dependent and related mainly to the ratio of the area under the plasma concentration-time curve from 0 to 24 h at steady state (AUC_{0-24}) to the MIC of the microorganism (AUC_{0-24}/MIC ratio) (10). Andes et al. previously described three AUC/MIC ratio targets for a general *Candida* population, a non-*Candida parapsilosis* population, and a *C. parapsilosis* population (11).

Critically ill patients often have pathophysiological or iatrogenic conditions resulting in variations in extracellular volume and drug pharmacokinetics (12). These physiological changes may affect the distribution, metabolism, and elimination of micafungin, and therefore, dose adjustments might be mandatory. Standard dosages of echinocandins in ICU patients are frequently associated with lower drug exposure, which can result in subtherapeutic AUC_{0-24}/MIC ratios (13–17). In an efficacy study of micafungin in ICU versus non-ICU patients, significantly lower treatment success rates were seen for ICU patients (62.5% success) than for non-ICU patients (85% success) (18). Disease severity as measured by the acute physiology and chronic health evaluation II (APACHE II) score was a potential explanatory factor associated with treatment success. In the ICU, disease scoring systems constructed from physical examination parameters and patient characteristics are used to assess disease severity to predict mortality. Although these scoring systems have been developed to predict mortality, they have been associated with pharmacokinetic variability in various studies (19–23). In systemic circulation, micafungin is highly bound to plasma protein (>99%), primarily albumin, and since critically ill patients are known to have decreased albumin concentrations, this may influence the efficacy of micafungin (24). Body weight is also a factor that might influence the pharmacokinetics of micafungin, as previously demonstrated in two different studies (25, 26). Continuous renal replacement therapy showed less of an effect on pharmacokinetic behavior, but dose elevation was possible in specific cases (27).

The objective of this study was to determine the pharmacokinetic parameters of micafungin in critically ill patients and assess the probability of target attainment based on the $AUC_{0-24\text{ h}}/MIC$ ratio for this ICU population. We try to associate micafungin exposure with patient variables that are likely to influence the micafungin plasma concentration. The findings of this study will be helpful in deriving practical decision rules and possibly influence future dosing schedules for critically ill patients treated with micafungin.

RESULTS

Study population. Twenty-two patients were enrolled in the study, resulting in 19 evaluable patients (see the flowchart in Fig. S1 in the supplemental material). Three patients were discharged to the ward before blood sampling on day 4 (± 1 day) of micafungin therapy was possible. In Table 1, the most relevant patient characteristics are summarized. Approximately one-half the patients were female, and more than three-quarters of the patients ($n = 15$ [78.9%]) underwent major surgery. All patients had markedly reduced serum albumin levels (median, 19 g/liter [interquartile range (IQR), 16 to 24 g/liter]), considering a reference range of 35 g/liter to 50 g/liter for healthy subjects. In total, 24 *Candida* isolates were cultured from a sterile site. The most prevalent pathogen was *Candida albicans* ($n = 13$ [54.2%]) in 13 patients, followed by *C. glabrata* ($n = 9$ [37.5%]) in 9 patients, and 4 patients were infected with mixed *Candida* species (*C. albicans* and *C. glabrata* [and one patient also with *C. tropicalis*]). Six *Candida* isolates (26.3%) in 5 patients were cultured from blood, and 18 isolates were cultured from another sterile site (Table 2). MIC values for 22 *Candida* isolates (91.7%)

TABLE 1 Patient characteristics

Characteristic	Value (n = 19)
No. (%) of female patients	9 (47.4)
Median age (yr) (IQR)	64 (57–73)
Median wt (kg) (IQR)	85 (65–98)
Median BMI (IQR)	27.5 (22.7–33.9)
No. (%) Caucasian patients	17 (89.5)
No. (%) of patients with underlying condition	
Abdominal	8 (42.1)
Cardiovascular	3 (15.8)
Renal	2 (10.5)
Thoracic	4 (21.1)
Other ^a	2 (10.5)
No. (%) of patients with reason for ICU admission	
Sepsis	6 (31.6)
Postoperative	8 (42.1)
Respiratory failure	5 (26.3)
No. (%) of patients with diabetes	2 (10.5)
No. (%) of patients with dialysis use	5 (26.3)

^aRectal carcinoma and trauma.

were determined, with a median MIC of 0.016 mg/liter (IQR, 0.012 to 0.023 mg/liter). The MIC values for *C. albicans* ranged from 0.008 to 0.023 mg/liter, those for *C. glabrata* ranged from 0.008 to 0.032 mg/liter, the MIC value for *C. krusei* ($n = 1$) was 0.125 mg/liter, and that for *C. tropicalis* ($n = 1$) was 0.016 mg/liter.

Pharmacokinetics. Patients were treated with micafungin for a median time of 14 days (IQR, 11 to 17 days), resulting in 19 micafungin concentration-time curves (Fig. 1). In total, 197 samples were drawn from 19 patients for pharmacokinetic analysis. The median AUC_{0–24} on day 4 (± 1 day) was 89.6 mg · h/liter (IQR, 75.4 to 113.6 mg · h/liter), the median maximum concentration of drug in serum (C_{max}) was 7.7 mg/liter (IQR, 6.4 to 9.3 mg/liter), and the median C_{24} (concentration at 24 h after start of infusion) value was 1.8 mg/liter (IQR, 1.6 to 2.6 mg/liter). Both the micafungin peak concentration ($r^2 = 0.728$; $P = < 0.001$ [as determined by Spearman correlations]) and trough concentration ($r^2 = 0.783$; $P = < 0.001$ [as determined by Spearman correlations]) (Fig. 2) showed a significant correlation with the micafungin AUC. The population pharmacokinetic parameters of micafungin are shown in Table S2 in the supplemental material. Fifty-seven trough concentrations were determined over time, with a median concentration of 1.9 mg/liter (IQR, 1.6 to 2.7 mg/liter). Trough concentrations were stable over time, and there was no significant difference between trough concentrations in individual patients.

TABLE 2 Microbiological data

Isolate or infection site (no. [%]) ^a	No. (%) of patients (n = 19)
Isolates (n = 24)	
<i>C. albicans</i> (13 [54.2])	13 (68.4)
<i>C. glabrata</i> (9 [37.5])	9 (47.4)
<i>C. krusei</i> (1 [4.2])	1 (5.3)
<i>C. tropicalis</i> (1 [4.2])	1 (5.3)
Infection sites (n = 24)	
Blood (6 [25.0])	5 (26.3)
Abdominal fluid (10 [41.7])	8 (42.1)
Pleural fluid (5 [20.8])	3 (15.9)
CVC (1 [4.2])	1 (5.3)
Joint fluid (1 [4.2])	1 (5.3)
Ascites (1 [4.2])	1 (5.3)

^aThree patients had mixed infections with *C. albicans* and *C. glabrata*, and 1 patient had a mixed infection with *C. albicans*, *C. glabrata*, and *C. tropicalis*. CVC, central venous catheter.

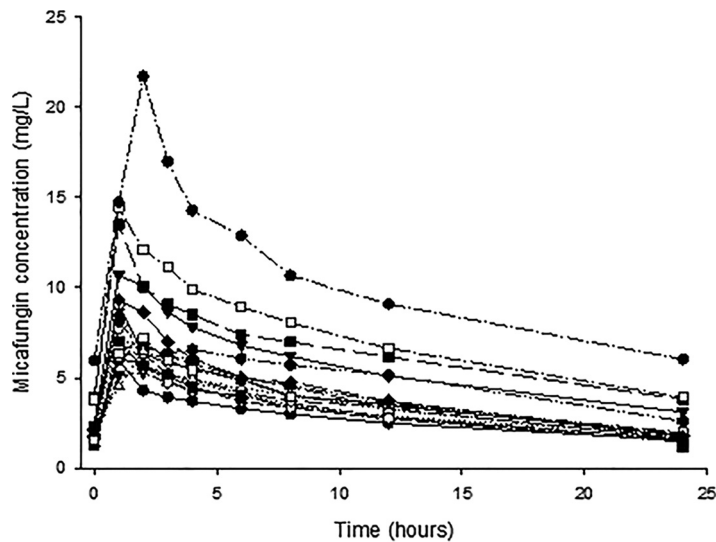


FIG 1 Micafungin concentration-time curves for 19 individual patients during steady state.

The mean AUC_{0-24} of micafungin in this study population ($AUC = 102.9 \text{ mg} \cdot \text{h/liter}$ [standard deviation {SD} = $45.5 \text{ mg} \cdot \text{h/liter}$]) was significantly lower than the mean AUC_{0-24} of micafungin in two studies with healthy volunteers ($AUC = 150.2 \text{ mg} \cdot \text{h/liter}$ [SD = $21.5 \text{ mg} \cdot \text{h/liter}$] and $133.8 \text{ mg} \cdot \text{h/liter}$ [SD = $21.4 \text{ mg} \cdot \text{h/liter}$] [$P = <0.0001$ and $P = <0.001$, respectively]) (28, 29) (see Fig. S1a and S1b in the supplemental material). The micafungin exposure expressed as AUC in our ICU population was comparable to that of another ICU population (17) (mean $AUC = 102.9 \text{ mg} \cdot \text{h/liter}$ [SD = $45.5 \text{ mg} \cdot \text{h/liter}$] versus $88.1 \text{ mg} \cdot \text{h/liter}$ [SD = $33.3 \text{ mg} \cdot \text{h/liter}$] [$P = 0.2457$]).

Treatment and treatment outcome. Thirteen patients (68.4%) had a complete response to micafungin therapy, three patients (15.8%) had a partial response to micafungin therapy, two patients (10.5%) had stable disease, and one patient (5.3%) died within 28 days after micafungin therapy was started. Micafungin therapy was stopped after successful treatment for the majority of patients ($n = 15$ [78.9%]). Micafungin was switched to fluconazole in one case (5.3%) because of suspected meningitis. Micafungin therapy was stopped in three patients (15.8%) because of an

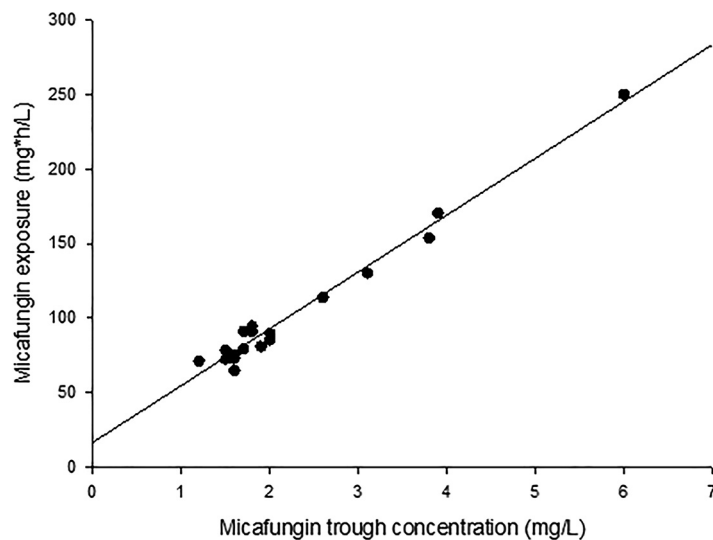


FIG 2 Micafungin exposure expressed as AUC_{0-24} correlated with the micafungin trough concentration (in steady state) expressed as C_{24} ($y = 38,127x + 16,601$; $R^2 = 0.9766$).

TABLE 3 Disease severity scores and patient size descriptors correlated with micafungin exposure (AUC)

Parameter ^a	Median value (IQR)	Spearman <i>r</i>	<i>P</i> value
APACHE II score	15 (13–19)	0.405	0.085
APACHE IV score	83 (51–107)	0.339	0.156
LODS score	5 (4–7)	0.339	0.156
MODS	4 (2–6)	0.542	0.017
MPMII (%)	55.0 (30.0–66.0)	–0.035	0.886
ODIN score	3 (3–4)	0.301	0.211
SAPS III	55 (38–66)	0.421	0.072
SOFA score	4 (3–9)	0.548	0.015
Body wt (kg)	85 (65–98)	–0.488	0.034
BMI (kg m ^{–2})	27.5 (22.7–33.9)	–0.321	0.180
BSA (m ²)	2.02 (1.81–2.20)	–0.545	0.016
LBM (kg)	64.1 (50.6–75.9)	–0.485	0.035
FFM (kg)	58.1 (45.3–69.5)	–0.546	0.016

^aAPACHE II, acute physiology and chronic health evaluation II; LODS, logistic organ dysfunction system; MODS, multiple-organ dysfunction score; MPMII, mortality prediction model II; ODIN, organ dysfunctions and/or infection; SAPS III, simplified acute physiology score III; SOFA, sequential organ failure assessment; BMI, body mass index; BSA, body surface area; LBM, lean body mass; FFM, fat-free mass.

adverse event. All of these adverse events were scored with the Naranjo algorithm as possible adverse events (skin rash [Naranjo score of 2], thrombocytopenia [Naranjo score of 3], and cardiac toxicity [Naranjo score of 2]). The patient that suffered from cardiac side effects stopped micafungin therapy after 14 days of treatment and died due to multiorgan failure caused by ongoing abdominal sepsis caused by *C. albicans*.

The median AUC_{0–24}/MIC ratio was 5,684 (IQR, 4,325 to 7,578) for 22 *Candida* isolates from 17 patients. The median AUC_{0–24}/MIC ratios were 6,221 (IQR, 4,576 to 7,582) for *C. albicans* (*n* = 12), 5,643 (IQR, 3,604 to 7,254) for *C. glabrata* (*n* = 8), 908 for *C. krusei* (*n* = 1), and 5,684 for *C. tropicalis* (*n* = 1).

Correlation of micafungin exposure with patient variables. The micafungin exposure expressed as AUC correlated well with micafungin clearance ($r^2 = -0.992$; $P = <0.0001$ [as determined by Spearman correlations]). The correlations between micafungin exposure, disease severity scores, and patient size descriptors are shown in Table 3. Only the multiple-organ dysfunction score (MODS) and the sequential organ failure assessment (SOFA) score showed significant positive correlations with micafungin exposure and significant negative correlations with micafungin clearance ($r^2 = -0.311$ and $P = 0.013$ [as determined by Spearman correlations] for MODS and $r^2 = -0.308$ and $P = 0.014$ [as determined by Spearman correlations] for SOFA). Patients with a MODS value of ≥ 5 or a SOFA score of ≥ 10 were associated with significantly lower micafungin clearance ($P = 0.043$ and $P = 0.013$, respectively, as determined by a Mann-Whitney U test).

All patient size descriptors (body weight, body surface area [BSA], lean body mass [LBM], and fat-free mass [FFM]) were significantly negatively associated with micafungin exposure, except for the patients' body mass index (BMI). The patients' BSA and FFM showed the strongest association with micafungin exposure. Patients with a BSA of >2.10 m² or a FFM of >62 kg were correlated with significantly lower micafungin exposure ($P = 0.009$ and $P = 0.008$, respectively, as determined by a Mann-Whitney U test). Patients with a body weight of >100 kg were also correlated with significantly lower micafungin exposure ($P = 0.044$). No significant correlation was found between micafungin exposure and albumin concentrations ($P = 0.584$, as determined by Spearman correlations). Data for multiple liver function test parameters, including ALP (alkaline phosphatase), ALAT (alanine transaminase), ASAT (aspartate aminotransferase), γ GT (gamma-glutamyl transpeptidase), total bilirubin, and C-reactive protein (CRP), were collected but were not associated with micafungin exposure ($P = 0.403$, $P = 0.634$, $P = 0.759$, $P = 0.298$, $P = 0.120$, and $P = 0.562$, respectively, as determined by Spearman correlations).

In the multiple-linear-regression analysis, data for all ICU patients from two healthy-volunteer studies (*n* = 72) were included, and the SOFA score had the lowest *P* value

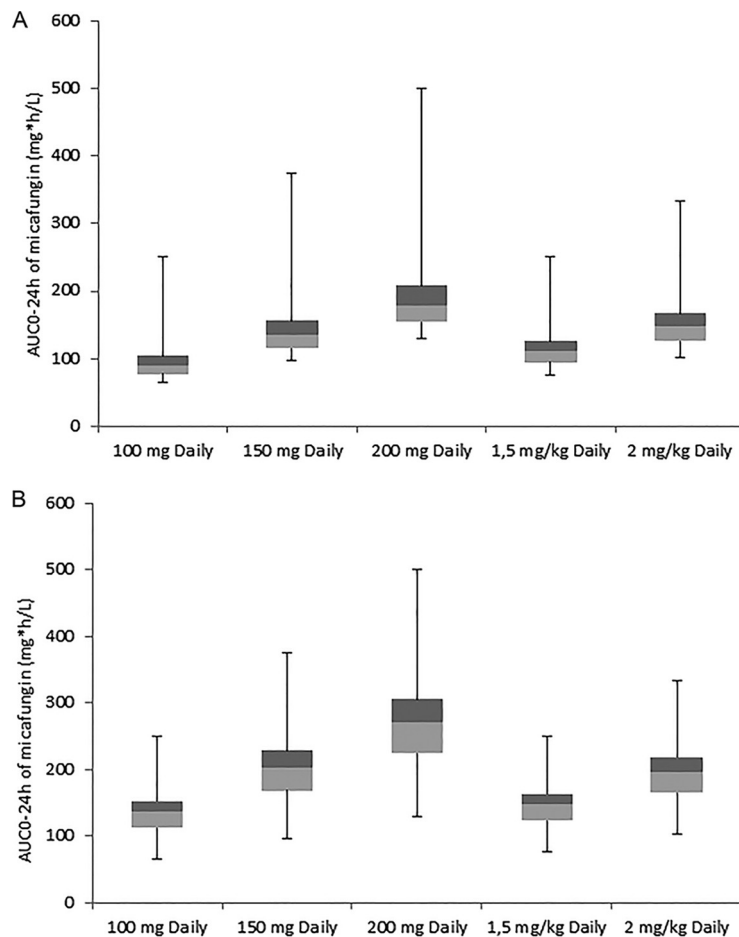


FIG 3 Box-and-whisker plots of the AUC_{0-24} of observed values for subjects receiving 100 mg micafungin once daily and predicted values for fixed doses and weight-driven dosing based on the observed values and a linear dosing-exposure relationship (38). (A) Data from ICU patients ($n = 19$); (B) data from both ICU patients and healthy volunteers ($n = 72$).

in the univariate analysis. The adjusted R^2 value of the model was 0.574, and the R^2 change was -0.001 , compared with the model with all variables. Body weight showed a significant and independent negative association with micafungin exposure expressed as the AUC (effect value of -0.934 [95.0% confidence interval, -1.310 to -0.576] and $P = <0.0001$), and the albumin plasma concentration and SOFA score showed significant and independent positive associations with micafungin exposure (effect value of 3.462 [95.0% confidence interval, 2.289 to 4.635] and $P = <0.0001$ for the albumin plasma concentration and effect value of 3.114 [95.0% confidence interval, 0.609 to 5.619] and $P = 0.016$ for the SOFA score).

The observed micafungin exposure for ICU patients and healthy volunteers with the corresponding patient body weights were used to predict micafungin exposure in these subjects using different dosing regimens. The box-and-whisker plots of the observed AUC_{0-24} values for subjects receiving 100 mg micafungin once daily and predicted values for fixed doses of 150 mg and 200 mg daily and weight-driven dosing of 1.5 mg/kg of body weight and 2 mg/kg are shown in Fig. 3. All subjects receiving 150 mg daily or 2 mg/kg daily achieved an AUC_{0-24} of >80 mg · h/liter and an AUC/MIC ratio of $>5,000$ in cases of *C. albicans* and *C. glabrata* infections.

DISCUSSION

The median AUC_{0-24} of micafungin was 89.6 mg · h/liter and was considered low, although the standard dose of 100 mg daily was applied. All isolates of *C. albicans* and

C. glabrata were susceptible to micafungin. Three of the 17 evaluable patients (17.6%) diagnosed with proven invasive candidiasis did not meet the proposed AUC/MIC ratio target of 5,000. Multiple-linear-regression analysis showed that micafungin exposure was negatively associated with body weight and positively associated with the albumin plasma concentration and SOFA score.

The level of micafungin exposure in our ICU population is significantly lower than the level of micafungin exposure in healthy volunteers (28, 29). Multiple factors in critically ill patients may influence micafungin clearance and the volume of distribution.

Multiple studies showed that the overall disease severity in patients may influence the pharmacokinetics of antimicrobial drugs (19–23). In the univariate analysis and in the multivariate analysis, the SOFA score showed a positive correlation with micafungin exposure, which is possibly explained by the hepatic component in the hybrid score. Hepatic function, reflected mainly by the bilirubin concentration, has a greater impact on the SOFA score than on the other ICU scoring systems. This is in accordance with the findings of Jullien et al., who found a decrease in micafungin clearance by 25% when the SOFA score was ≥ 10 (17). We found the exact same cutoff value for the SOFA score and variability in micafungin clearance. Despite this association, no correlation between micafungin exposure and individual hepatic parameters (ALP, ASAT, ALAT, γ GT, and total bilirubin) was found. Identical associations with disease severity scores were investigated in several studies, but none of them were able to find a strong correlation between disease severity and echinocandin exposure in general (16, 30).

Factors that could explain the lower exposure of micafungin in this study confirmed previously reported findings from other studies on micafungin. Two studies showed that the patient's body weight affects micafungin exposure (25, 26). We found a significant negative correlation with body weight but also with other size descriptors such as BSA, LBM, and FFM. Dosing adjustments for heavier or larger patients might be mandatory, as with caspofungin, to achieve more appropriate micafungin concentrations. Micafungin is $>99\%$ bound to protein, mainly to albumin, and therefore, decreased albumin plasma concentrations may result in lower levels of micafungin exposure (26). We were not able to find a correlation between micafungin exposure and the albumin concentration in the univariate analysis, probably because our study participants were critically ill patients with a narrow range of low albumin concentrations (<30 g/liter). Although the total AUC of micafungin might be lower in patients with low albumin concentrations, the free fractions of micafungin might be comparable in patients with normal albumin concentrations. The efficacy of micafungin would be comparable in this situation. Nevertheless, unbound micafungin concentrations were not determined in this study, because the measurement of unbound micafungin is challenging, since micafungin is $>99\%$ bound to plasma proteins. To explore the effect of albumin, we included albumin concentrations of 35 g/liter (normal value, 35 to 55 g/liter) in the multiple-linear-regression analysis for a rough estimation. In this analysis, the albumin concentration showed an independent positive correlation with micafungin exposure. A change in the metabolic route in patients with liver impairment may decrease micafungin exposure. In these patients, an increase in the formation of the M5 metabolite results in decreased micafungin exposure (31). In this study, no patients suffered from liver failure or severe liver dysfunction. Besides, no concentrations of micafungin metabolites were measured.

The *in vitro* and *in vivo* efficacy of micafungin, expressed as the AUC/MIC ratio, is determined by micafungin exposure and the susceptibility of the fungal isolate (10, 32, 33). All isolates of *C. albicans* and *C. glabrata* were susceptible to micafungin, but no breakpoints for *C. tropicalis* and *C. krusei* are defined by the European Committee on Antimicrobial Susceptibility Testing (EUCAST). Andes et al. described three AUC/MIC ratio targets for a general *Candida* population, a non-*C. parapsilosis* population, and a *C. parapsilosis* population with cutoff values of 3,000, 5,000, and 285, respectively (11). This ICU population appeared to be a non-*C. parapsilosis* population with a corresponding AUC/MIC ratio target of 5,000. In three patients diagnosed with proven invasive candidiasis, the target of 5,000 was not attained, and these patients were infected with

C. albicans (AUC/MIC ratio of 4,959), *C. glabrata* (AUC/MIC ratio of 3,152), and *C. krusei* (AUC/MIC ratio of 908). All three patients had a complete response, 28 days after the initiation of treatment with micafungin. A target of 5,000 and even a target of 3,000 might not be suitable for patients infected with *C. krusei*. As with *C. parapsilosis*, *C. krusei* isolates have higher MICs than those for other *Candida* species (34). In the absence of well-established AUC/MIC ratio target values, higher micafungin dosing to maximize exposure should be considered for those individuals at risk for microbiological failure or a lack of clinical improvement since micafungin is safe when administered at a higher-than-standard dose (35). Drug interactions with micafungin are uncommon, and repeated daily doses of up to 900 mg in adult patients have been administered, with no reported dose-limiting toxicity (36). In our cohort, three patients stopped micafungin therapy because of possible adverse events but had micafungin concentrations considered to be in the therapeutic range. These adverse events were more likely related to the underlying conditions of the patient and comedication. The treatment outcome was consistent with the current success rate of echinocandin therapy in the ICU, although the number of treated patients is too small for definitive conclusions to be drawn (37).

Further research on factors that contribute to the variability in micafungin exposure in which the suggested cutoff values can be validated with larger and more heterogeneous cohorts is mandatory. Besides the patient's body weight, all covariates that might influence micafungin exposure are theoretically explained. A fixed dose of 100 mg daily might not be sufficient for heavier patients, and therefore, multiple dosing regimens were simulated based on the linear dosage-exposure relationship over a dosing range of 0.15 to 8 mg/kg (38). A dosing regimen of 2 mg/kg daily was associated with 100% target attainment in cases of *C. albicans* and *C. glabrata* infections and showed less variability in micafungin exposure than a fixed dosage. The determination of unbound micafungin concentrations would give insight in the *in vivo* efficacy of micafungin and the impact of albumin concentration variability in patients on the efficacy of micafungin. The AUC/MIC ratio target of 5,000 for non-*C. parapsilosis* species was determined by using Monte Carlo simulations, and larger cohorts could provide a more real-life understanding of the association between patient outcomes and the AUC/MIC ratio for different *Candida* species.

Conclusion. The mean level of micafungin exposure, expressed as the total AUC, was significantly lower in critically ill patients than in healthy volunteers. We can speculate about the suitability of a fixed 100-mg daily dose for every individual. Our findings on micafungin are in accordance with previously reported findings for heavier patients treated with echinocandins. Healthier patients (SOFA score of <10) weighing more than 100 kg and receiving 100 mg micafungin daily are at risk for inappropriate micafungin exposure and potentially inadequate antifungal treatment. Dosage adjustments might also be applicable for patients with cultures positive for *Candida* species other than *C. albicans* (with MICs of ≤ 0.016 mg/liter) or *C. glabrata* (with MICs of ≤ 0.032 mg/liter), since information on the relationship between micafungin exposure and the MICs of less common *Candida* species is limited. Although the measurement of unbound micafungin concentrations is challenging, determination of the free fraction of micafungin would possibly be helpful for decision-making on dosages for hypoalbuminemic patients.

MATERIALS AND METHODS

Study design and study population. This prospective pharmacokinetic study of micafungin in ICU patients was conducted at the University Medical Center Groningen (UMCG) from December 2012 to December 2016. This study was approved by the local ethics committee (Institutional Review Board approval no. 2012-189) and registered at ClinicalTrials.gov under identifier NCT01716988. Patients (aged 18 years and older) were eligible for inclusion as study participants if they were admitted to the ICU, treated with micafungin, and diagnosed with suspected or proven invasive candidiasis according to the 2008 definition of invasive fungal disease of the European Organization for Research and Treatment of Cancer and Mycoses Study Group (EORTC/MSG) consensus group (39). Patients were excluded if blood sampling was not possible. A sample size of 18 patients is needed to detect a clinically relevant

correlation of plasma concentrations of micafungin with disease severity scores of 60% with 80% power and a significance level of an α value of 0.05 (two sided).

Study data. Data on patient characteristics, disease severity scores, and laboratory parameters were collected from medical charts (see Table S1 in the supplemental material). Data on patient characteristics and disease severity scores were collected on the day when treatment with micafungin was started. Data on laboratory parameters were collected on the day when treatment with micafungin was started, the day of the pharmacokinetic curve, and the day when treatment with micafungin was stopped. The full pharmacokinetic profile of micafungin was obtained on day 4 (± 1 day) after treatment initiation. Micafungin blood samples of 2 ml were taken from an indwelling vascular catheter prior to the administration of micafungin and 1, 2, 3, 4, 6, 8, 12, and 24 h after the start of the infusion. Trough plasma concentrations were measured every 3 days during treatment in the ICU, with a maximum of 28 days. Plasma concentrations of micafungin were determined by using assays validated in accordance with guidance for industry for bioanalytical method validation from the Food and Drug Administration (40). The precision and accuracy were within the $\pm 15\%$ limits over the calibration range of the methods. All yeast isolates were identified by using matrix-assisted laser desorption ionization–time of flight (MALDI-TOF) mass spectrometry (Microflex LT mass spectrometer; Bruker Daltonik GmbH, Bremen, Germany). Susceptibility testing for micafungin was performed with the Etest (bioMérieux) on RPM1 agar with 20% glucose (Mediaproducts, Groningen, the Netherlands). Interpretation of the MICs was done according to EUCAST breakpoints (41, 42). The microbiological data included *Candida* species, infection site (sterile), nonsterile infection site, time to culture conversion, preincubation time, follow-up cultures, and MIC.

Pharmacokinetic analysis. The individual pharmacokinetic parameter estimates were calculated by fitting a two-compartment model to the plasma concentrations using MWPharm 3.82 (Mediware, the Netherlands) (43). A two-compartment pharmacokinetic model with intravenous infusion was selected to describe the pharmacokinetic behavior of micafungin (44, 45). For population pharmacokinetic analysis, an iterative two-stage Bayesian algorithm was used, equipped with the data from day 4 (± 1 day) of treatment. The second approach was used to refine the individual estimates with the influence of covariates (weight and length) for a better estimation of the pharmacokinetic parameters (MWPharm 3.82). The following parameters were calculated by the data-adjusted model: systemic clearance (CL) (liters per hour), volume of distribution of compartment 1 (V_1) (liters), V_2 (liters), distribution half-life ($T_{1/2,1}$) (hours), elimination half-life ($T_{1/2,2}$) (hours), and AUC_{0-24} (milligrams per hour per liter). The AUC_{0-24} was calculated by using the log-linear trapezoidal rule from 0 h up to 24 h, the peak plasma concentration (C_{max}) (milligrams per liter) was the highest observed plasma concentration, and the trough concentration (C_{24}) (milligrams per liter) was the lowest observed plasma concentration 24 h after administration on day 4 (± 1 day) of treatment. The pharmacokinetics of micafungin for this study population were compared with the pharmacokinetics of micafungin for healthy volunteers and another ICU population. Raw data from two healthy-volunteer studies were provided by Astellas, and the mean AUC and standard deviations from the other ICU populations were extracted from data reported in the literature (16, 28, 29).

Treatment and treatment outcome. Initiation of treatment with micafungin for probable or proven infections was based on ESCMID guidelines (9). Micafungin was administered in a dosage of 100 mg once daily by intravenous infusion over 1 h. The response to antifungal therapy was determined 28 days after the initiation of antifungal treatment. The response to treatment was categorized as a successful response, partial response, stable disease, disease progression, or death; these criteria were derived from the EORTC/MSG consensus group (46). Possible reasons for treatment discontinuation were determined, including death, palliative care, lack of efficacy, successful treatment, or the onset of an adverse event. The potential causal relationship of an adverse event with the use of micafungin was analyzed by the attending physician and the local investigator using the Naranjo adverse drug reaction probability scale (47). Individual AUC/MIC ratios were calculated to determine the target attainment of micafungin.

In this study, we used the previously defined AUC/MIC ratio target value of 5,000 for non-*C. parapsilosis* species (11). If several identical species were isolated from a patient, the highest MIC value was used for analysis.

Statistical analysis. Continuous data were expressed as numbers and percentiles, categorical data were expressed as medians with interquartile ranges, and all data were checked for normal distribution. The influence of patient characteristics on the pharmacokinetic parameters and plasma concentrations of micafungin was determined by using the Mann-Whitney U test. To assess correlations between patient variables not available in MWPharm, such as severity scores and albumin concentrations, and the pharmacokinetic properties of micafungin, a Spearman correlation coefficient was calculated. Multiple-linear-regression analysis was performed by using a backward-elimination strategy, keeping variables with P values of 0.1 in the model. The variables from this study as well as the variables from studies of healthy volunteers (28, 29) were included in the regression analysis. The variables that were included were gender (48), body weight (25, 26), albumin level (48), and the disease severity score with the lowest P value for the correlation. The albumin plasma concentrations of healthy volunteers were fixed at 35 g/liter, and the disease severity score was fixed at zero. All statistical analyses were performed by using SPSS version 20.0 (SPSS, Inc., Chicago, IL, USA). A P value of <0.05 was considered statistically significant.

SUPPLEMENTAL MATERIAL

Supplemental material for this article may be found at <https://doi.org/10.1128/AAC.01398-17>.

SUPPLEMENTAL FILE 1, PDF file, 0.2 MB.

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